

The Chi Farm Acupuncture Clinic, Publications and Seminars

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Treating Skeletal-Muscular Conditions via the Tendinomuscular and Extraordinary Pathways

Approved for 13 NCCAOM PDA Points

Purpose:

The purpose of this course is to acquaint the acupuncture practitioner or clinical student with how to diagnose and access the tendinomuscular and extraordinary channels for treating skeletal-muscular conditions. These include blunt trauma, sprains, strains and tears. This will provide additional treatment resources for the acupuncturist when faced with patients who have experienced these types of injuries.

Objectives:

During this seminar, the participant will:

- review the trajectories and diagnostic techniques of the tendino-muscular and 8-extraordinary pathways,
- practice palpating other participants,
- learn needling and moxa techniques for treating these pathways,
- gain an understanding of all the diagnostic information attained with Akabane testing,
- learn pulse diagnosis of the 8-extraordinary pathways,
- learn the applications and techniques of ion-pumping cords and other polarization devices, gua sha, cupping and plumb blossom needling,
- gain an understanding of utilizing these techniques to treat skeletal-muscular conditions using the tendino-muscular and 8-extraordinary pathways,
- review the use of auriculotherapy in the treatment of skeletal-muscular conditions and how to use this modality to augment these treatments.

Outcomes:

At the end of this seminar, the participant will:

- understand how the tendino-muscular and 8-extraordinary pathways are used to treat skeletal-muscular conditions,
- have used needles, moxa, ion-pumping cords and mechanical devices to treat these conditions,
- have learned how to apply Akabane testing and palpation to determine the state of the tendino-muscular and 8-extraordinary pathways
- have learned how to utilize auriculotherapy treatments to supplement other treatments,

Syllabus:

- Review of the trajectories of the tendino-muscular and 8-extraordinary pathways and auricular maps – didactic and demonstrations
- Review diagnostic techniques, including palpation, for the tendino-muscular and 8-extraordinary vessels – didactic, demonstration and participant practice
- Akabane testing and data application
- Needling, ion-pumping and moxa techniques
- Mechanical techniques (gua sha, cupping, etc. – didactic and experiential
- Using Auriculotherapy in treatment

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Attendance policy:

Participants must attend both days of this seminar to receive full PDA credit. The course runs 9:00am – 5:00 pm both days with a lunch break from 12:30pm – 1:45pm. There is one 15 minute break each morning and one each afternoon.

Outside study:

Participants will be expected to review the seminar handbook prior to the course.

Reading list:**Required:**

Wurzel D (2006). *Treating skeletal-muscular conditions with the tendino-muscular and extraordinary pathways*. Ellicott City, MD: Chi Farm Press

Recommended:

Deadman P, Mazin A, Kevin B (1998). *A manual of acupuncture*. East Sussex, England: Journal of Chinese Medicine Publications

Ding L (1992). *Acupuncture, meridian theory, and acupuncture points*. San Francisco, California: China Books

Kaptchuk T (2000). *The web that has no weaver*. 2nd ed. Chicago, Illinois: Contemporary Books

Lade A (1989). *Acupuncture points: images & functions*. Seattle, Washington: Eastland Press

Low R (1983). *The secondary vessels of acupuncture*. Wellingborough, England: Thorsons Publishers Ltd.

Maciocia G (1989). *The foundations of Chinese medicine: a comprehensive text for acupuncturists and herbalists*. London: Churchill Livingstone

Maciocia G (1994). *The practice of Chinese medicine: the treatment of diseases with acupuncture and Chinese herbs*. NY: Churchill Livingstone

Manaka Y (1995). *Chasing the dragon's tail: the theory and practice of acupuncture in the work of Yoshio Manaka*. 1st ed. Brookline, MA: Paradigm.

Matsumoto, K, Birch S (1986). *Extraordinary Vessels*. Brookline, Massachusetts: Paradigm Publications

O'Connor J, Bensky D ed (1981). *Shanghai College of Traditional Medicine: Acupuncture A Comprehensive Text*. Seattle: Eastland Press

Shima M, Chase C (2002). *The channel divergences*. Boulder, Colorado: Blue Poppy Press

Worsley, J.R (1993). *Traditional Chinese acupuncture, volume one: meridians and points*. Shaftesbury, England: Element Press

Xinnong, C ed (1999). *Chinese Acupuncture and Moxibustion (revised ed.)*. Beijing: Foreign Languages Press

Materials:

Participants can bring their own cups, etc. to the seminar. Needles, moxa, cups, ion-pumping cords, gold and silver needles, Akabane sticks and plumb blossom needles will all be supplied.