

## The Chi Farm



### Acupuncture and Nutritional Counseling Centre

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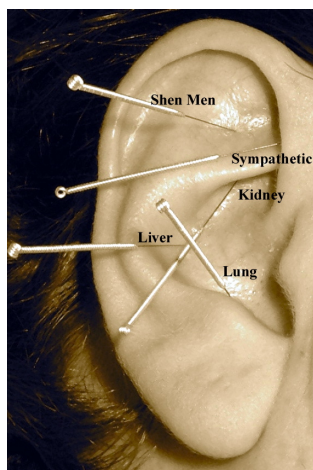
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#### Auricular Detoxification Fact Sheet

- Auricular Detoxification involves the gentle placement of five small, sterilized, disposable stainless steel needles into specific sites on each ear of a patient undergoing treatment.
- The Auricular Detoxification treatment is a non-verbal process, meaning there is no speaking during the treatment. Participants heal without having to share feelings, stories, emotions.
- Clients report significant decreases in cravings, physical withdrawal symptoms, relapses, inpatient admissions, anxiety, insomnia and agitation.
- Approximately 1,500 centers on every continent utilize this protocol daily. About 1/3 of all drug court programs in the United States utilize some form of acupuncture for addictions.
- The Auricular Detoxification treatment helps participants become relaxed and more comfortable with his or her own thoughts, enabling patients to experience a sense of “letting go” of tensions and apprehensions, and supporting quiet participation in a group setting with others who are involved in the process of recovery.
- The client is able to become comfortable in relationships with others and his or her self.
- The treatment is effective regardless of the client’s level of motivation and at the same time opens doors so that other program components can be more effective.
- As a holistic method, each of the points has the potential to open up possibilities on the body, mind and spirit levels.



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